

**Subject:** UTS HREC Approval - ETH24-9458  
**Date:** Tuesday 28 May 2024 at 10:36:46 AM Australian Eastern Standard Time  
**From:** Research.Ethics@uts.edu.au  
**To:** Research Ethics, Bethany Wootton, Liam Casey, Isaac Dunn, Amy Wang, Julia Goodman, Nicola White, Emma Power  
**Attachments:** Ethics Application.pdf

Dear Applicant

**Re: ETH24-9458 - "Second Amendment to ETH23-8902: Remote Cognitive Behavioural Therapy for LGBTQ+ People with Anxiety Disorders: An Exploratory Trial"**

The Human Research Ethics Review Committee reviewed your amendment application for your project and agreed that the amendments meet the requirements of the NHMRC National Statement on Ethical Conduct In Human Research (2007). I am pleased to inform you that the Committee has approved your request to amend the protocol as follows:

**Amendment to study:**

"We are proposing the following changes: 1. Add Masters of Clinical Psychology student and provisional psychologist Julia Goodman to the study. Julia has been added to the study to conduct, review, and analyse the data from qualitative interviews, along with other members of the research team as needed. As her Clinical Psychology degree requires a research component to complete an empirical thesis, Julia will be supervised by psychologist Isaac Dunn and clinical psychologist A/Prof. Bethany Wootton, with additional supervision as needed from the research team, to complete the project as part of her research requirements. This has resulted in minor changes to the wording of the qualitative interview script (Appendix V2.2). 2. Add Amy Wang to the protocol. Amy will be involved in delivering the treatment for the study. Amy is a Master of Clinical Psychology student on placement. She will be supervised by Mr Dunn and A/Prof Wootton. 3. We also are proposing to remove the Sheehan Disability Scale due to licensing costs and irrelevance to the study question (see self report measures document V2.2). We have also made a minor change to the protocol to make it consistent with the approved screening questionnaires. The approved risk questionnaire is used to screen out participants at baseline who are high risk, however this was not accurately described in the protocol. While this is not a change to the procedures, we have updated the protocol (V2.2) to ensure consistency between the questionnaires and the protocol."

This amendment is subject to the standard conditions outlined in your original letter of approval.

You are reminded that this letter constitutes ethics approval only. This research project must also be undertaken in accordance with all [UTS policies and guidelines](#) including the Research Management Policy.

You should consider this your official letter of approval. If you require a hardcopy please contact the Research Ethics Secretariat.

To access this application, please [click here](#), a copy of your application has also been attached to this application

If you wish to make any further changes to your research, please contact the Research Ethics Secretariat in the Research Office.

In the meantime I take this opportunity to wish you well with the remainder of your research.

Yours sincerely,  
The Research Ethics Secretariat

on behalf of the Human Research Ethics Executive Review Committee

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*Ref: E13-3*